

<b>Menu 1</b>	<b>Monday</b>	<b>Tuesday</b>	<b>Wednesday</b>	<b>Thursday</b>	<b>Friday</b>
MORNING TEA	<b>FOOD</b> Fresh Fruit  <b>DRINK</b> Milk	<b>FOOD</b> Toasted Muffins with honey on top <b>DRINK</b> Milk	<b>FOOD</b> Fresh fruit  <b>DRINK</b> Milk	<b>FOOD</b> Fresh fruit & cheese cubes & crackers  <b>DRINK</b> Milk	<b>FOOD</b> Fresh fruit  <b>DRINK</b> Milk
LUNCH	<b>MEAL</b> Quick Spanish Beef carrot, zucchini, tomato, mushroom & cheese & Rice  <b>DRINK</b> Water	<b>MEAL</b> Tuna & Corn Mornay Bake with Spiral Pasta Salad  Wholemeal Bread <b>DRINK</b> Water	<b>MEAL</b> Pumpkin Soup & Garlic Bread  <b>DRINK</b> Water	<b>MEAL</b> Moroccan Chicken with Couscous  <b>DRINK</b> Water	<b>MEAL</b> Meatballs & tomato & vegetable sauce & spaghetti  <b>DRINK</b> Water
AFTERNOO N TEA	<b>FOOD</b> Savouries  <b>DRINK</b> Water	<b>FOOD</b> Fruit  <b>DRINK</b> Water	<b>FOOD</b> Carrot & Banana Cake  <b>DRINK</b> Water	<b>FOOD</b> Fruit Custard  <b>DRINK</b> Water	<b>FOOD</b> Rock buns  <b>DRINK</b> Water
LATE SNACK	Fruit & Crackers	Fruit & Crackers	Fruit & Crackers	Fruit & Crackers	Fruit & Crackers

<b>Menu 2</b>	<b>Monday</b>	<b>Tuesday</b>	<b>Wednesday</b>	<b>Thursday</b>	<b>Friday</b>
MORNING TEA	<b>FOOD</b> Fresh fruit  <b>DRINK</b> Milk	<b>FOOD</b> Fresh fruit & cheese cubes <b>DRINK</b> Milk	<b>FOOD</b> Fresh Fruit  <b>DRINK</b> Milk	<b>FOOD</b> Fresh fruit  <b>DRINK</b> Milk	<b>FOOD</b> Raisin Toast  <b>DRINK</b> Milk
LUNCH	<b>MEAL</b> Spaghetti Bolognaise & Garden Salad Wholemeal Bread  <b>DRINK</b> Water	<b>MEAL</b> Cream of carrot & cauliflower soup Wholemeal bread  Orange slices <b>DRINK</b> Water	<b>MEAL</b> Roast beef with vegeta- ble bake & grated cheese Wholemeal Bread  <b>DRINK</b> Water	<b>MEAL</b> Zucchini Slice Cherry tomato's, Cucumber, watermelon  Wholemeal Bread <b>DRINK</b> Water	<b>MEAL</b> Chicken Chow Mein (chicken, rice noodles, cabbage, carrot, peas, green beans)  <b>DRINK</b> Water
AFTERNOON TEA	<b>FOOD</b> Cheese & Sultana scones  <b>DRINK</b> Water	<b>FOOD</b> Honey Oat Bars  <b>DRINK</b> Water	<b>FOOD</b> Cheese sandwiches  <b>DRINK</b> Water	<b>FOOD</b> Easy Banana Cake  <b>DRINK</b> Water	<b>FOOD</b> Fresh Fruit  <b>DRINK</b> Water
LATE SNACK	Fruit & Crackers	Fruit & Crackers	Fruit & Crackers	Fruit & Crackers	Fruit & Crackers

<b>Menu 3</b>	<b>Monday</b>	<b>Tuesday</b>	<b>Wednesday</b>	<b>Thursday</b>	<b>Friday</b>
MORNING TEA	<b>FOOD</b> Toast & Cheese  <b>DRINK</b> Milk	<b>FOOD</b> Fresh fruit  <b>DRINK</b> Milk	<b>FOOD</b> Fresh fruit  <b>DRINK</b> Milk	<b>FOOD</b> Custard & Fruit  <b>DRINK</b> Milk	<b>FOOD</b> Fresh fruit & Cheese cubes  <b>DRINK</b> Milk
LUN CH	<b>MEAL</b> Shepherd Pie & Mashed Vegies  Wholemeal bread <b>DRINK</b> Water	<b>MEAL</b> Chilli con carne and rice & fresh green beans  <b>DRINK</b> Water	<b>MEAL</b> Chicken & Vegetable noodle soup & Garlic bread  <b>DRINK</b> Water	<b>MEAL</b> Homemade Quiche & Garden Fresh Salad  <b>DRINK</b> Water	<b>MEAL</b> Crumbed Fish & Pumpkin Mash  <b>DRINK</b> Water
AFTERNOON TEA	<b>FOOD</b> Fruit Fresh  <b>DRINK</b> Water	<b>FOOD</b> Toasted Fruit loaf & fresh fruit  <b>DRINK</b> Water	<b>FOOD</b> Cheese English Muffins Fresh Fruit  <b>DRINK</b> Water	<b>FOOD</b> French Onion Dip/ Vege sticks  <b>DRINK</b> Water	<b>FOOD</b> Apple Crumble & Custard  <b>DRINK</b> Water
LATE SNACK	Fruit & Crackers	Fruit & Crackers	Fruit & Crackers	Fruit & Crackers	Fruit & Crackers

<b>Menu 4</b>	<b>Monday</b>	<b>Tuesday</b>	<b>Wednesday</b>	<b>Thursday</b>	<b>Friday</b>
MORNING TEA	<b>FOOD</b> Fresh Fruit  <b>DRINK</b> Milk	<b>FOOD</b> Rice Crackers & Cheese & sultanas  <b>DRINK</b> Milk	<b>FOOD</b> Fresh fruit  <b>DRINK</b> Milk	<b>FOOD</b> Fresh Fruit  <b>DRINK</b> Milk	<b>FOOD</b> Fresh fruit & Cheese cubes <b>DRINK</b> Milk
LUNCH	<b>MEAL</b> Chicken Carbonara & Mashed Pumpkin Bread & Butter  <b>DRINK</b> Water	<b>MEAL</b> Minestrone Soup & Garlic bread  <b>DRINK</b> Water	<b>MEAL</b> Tuna Healthy Slice & Fresh Salad  <b>DRINK</b> Water	<b>MEAL</b> Nachos Bake & Salad  <b>DRINK</b> Water	<b>MEAL</b> Vegetable Stir-Fry & Rice  <b>DRINK</b> Water
AFTERNOON TEA	<b>FOOD</b> Fruit, cheese, dip & crackers  <b>DRINK</b> Water	<b>FOOD</b> Fresh Fruit  <b>DRINK</b> Water	<b>FOOD</b> Sultana cake  <b>DRINK</b> Water	<b>FOOD</b> Cheese & Vegemite on toast  <b>DRINK</b> Water	<b>FOOD</b> Apple bran cake  <b>DRINK</b> Water
LATE SNACK	Fruit & Crackers	Fruit & Crackers	Fruit & Crackers	Fruit & Crackers	Fruit & Crackers